

# BIG HEALTH 2026

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'big health day'

An inclusive event to promote health and wellbeing

# Big Health Day

Thurs 11 June 2026  
9.30am-2pm

**Oxstalls Sports Park, Plock Court,  
Tewkesbury Road, Gloucester, GL2 9DW**  
An annual event for people with a physical or learning  
disability, sensory loss or mental health needs

**Sports  
and  
games**



**Be active  
and have  
fun**



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Health checks, wellbeing information and signposting.

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# Directions and Facilities



**Oxstalls Sports Park**, Plock Court, Tewkesbury Road, Longford, Gloucester, GL2 9DW.



**Entrance on A38 Tewkesbury Road, Longford – follow sign to Tennis Centre**

\*Availability of accessible parking for Blue Badge users, first come first served.



Use 97 bus from Cheltenham / Gloucester or 71 from Tewkesbury.



FREE parking on-site plus accessible parking\*



Accessible toilet facilities inside plus mobile accessible toilets outside



130+ volunteers to help you



Bring a packed lunch or food can be purchased on the day



Dedicated quiet area outside



Only assistance dogs are welcome

